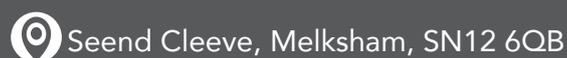


THE BARGE INN

GLUTEN FREE MENU



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..... **STARTERS & SHARERS**

Caprese salad of Heritage tomatoes, mozzarella and rocket with balsamic dressing - v 7.75 / 11.50

Homemade soup of the day with toasted bread - v 5.95

Baked Camembert with honey and rosemary served with toasted bread and roast garlic jam - v 12.95

Cheese ploughman's with Cheddar, Stilton and Brie, tomato, pickled onion and apple with toasted bread - v 12.95
Add home-cooked ham for 2.00

Antipasti of cured meats, Old Winchester cheese, olives, sun blushed tomatoes, oil and balsamic vinegar with toasted breads - 15.50

..... **MAINS**

6oz Beef burger topped with Dorset Blue Vinney, crispy pancetta on a toasted bun, romaine lettuce, crispy onions, fries and spicy tomato chutney - 13.25

Fish of the day in a Wadworth 6X Gold beer batter served with chips, homemade mushy peas and tartare sauce - 13.95 / 8.95

Caesar salad of romaine lettuce, croutons, vegetarian cheese and free-range egg - v 10.75 *Add chicken and bacon 3.00*

8oz Sirloin steak with mushroom, grilled tomato, chips and dressed leaves - 21.95

Add peppercorn sauce, Stilton sauce or garlic butter for 2.00

Home-cooked honey glazed ham with free-range fried eggs, slow roasted tomato and chips - 12.50 / 8.50

Spinach, walnut and poached pear salad with crumbled Stilton and balsamic dressing - v 11.50

..... **SIDES**

Beer battered onion rings - v 3.75

Seasonal vegetables - v 3.50

House salad - v 3.50

Chips - v 3.50

Fries - v 3.50

Chips with cheese - v 4.50

..... **PUDDINGS**

All puddings at 6.50

Choose 3 scoops from our ice-cream and sorbet selection, ask us for more details - v

Baked vanilla cheesecake with berry compote - v

Sticky toffee pudding with rich toffee sauce and vanilla ice-cream - v

Eton Mess - English strawberries with ice-cream, meringues and Chantilly cream - v

A selection of British cheeses with apple, grapes, celery and chutney - v 8.95

..... **SANDWICHES**

Served from 12 noon until 3pm

Prawn and Bloody Mary mayonnaise - 7.75

Free-range boiled egg with watercress, black pepper and chive mayonnaise - v 6.75

Mature Cheddar cheese and spicy tomato chutney - v 6.75

Grilled chicken with avocado, crispy pancetta and herb crème fraîche - 8.75

..... **HOT DRINKS**

Americano - 3.00

Cappuccino - 3.25

Latte - 3.25

Espresso - 2.75

Double espresso - 3.25

Flat white - 3.25

Hot chocolate - 3.50

Pot of tea - 3.00

Speciality tea - 3.10

Mocha - 3.50

(v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. All food is prepared in our kitchen where nuts, gluten and other allergens are present. Processes and training are in place to ensure that gluten-free meals on our gluten free menu are gluten-free. Our menu descriptions do not include all ingredients.

IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.

Full allergen information is available upon request. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. 0617/1.

