

THE BARGE INN

Gluten Free Menu

While you wait

Homemade houmous with marinated olives and crusty bread - vg £4.75

Starters

Homemade soup of the day with crusty bread - v £5.95

Garlic mushrooms in a creamy white wine and tarragon sauce on toast - v £6.50

King prawn, crab and crayfish cocktail with lobster mayonnaise and toast - £8.50

Salt and pepper tofu served with a cucumber salad and sweet chilli sauce - vg £6.75

Sautéed lamb kidneys in a brandy and mushroom cream sauce served on toast - £8.95

To Share

Baked Camembert infused with honey and rosemary with toasted bread and roast garlic jam - v £12.95

Mains

8oz 28-day Walter Rose dry aged sirloin steak with grilled flat field mushroom, onion rings, grilled tomato and chips - £21.95

10oz Walter Rose gammon steak with free-range fried egg and pineapple salsa, slow-roasted tomato, mushrooms, watercress and chips - £13.95

Battered chilli and garlic halloumi with pea purée, harissa mayo and skinny fries - v £11.50 / £8.50

Walter Rose 6oz beef burger with melted double Gloucester cheese, bacon, iceberg lettuce, beef tomato and sweet mustard ketchup all on a toasted bun with crispy dill pickle and fries - £13.25

Catch of the day in a Wadworth 6X Gold beer batter served with mushy peas, chips and tartare sauce - £13.95 / £9.25

Pan-fried calves liver and crispy bacon with lyonnaise potatoes, marsala wine sauce and braised red cabbage - £15.95 / £10.95

Meatless farm cottage pie with a tomato & rosemary gravy topped with mashed potato, vegan cheese and roasted root vegetables - vg £13.95

GLUTEN FREE - SOME DISHES CAN BE MADE AVAILABLE AS GLUTEN FREE ASK US FOR MORE DETAILS AND PLEASE MENTION THIS WHEN ORDERING

(v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. All food is prepared in our kitchen where nuts, gluten and other allergens are present. Processes and training are in place to ensure that gluten-free meals on our gluten free menu are gluten-free. Our menu descriptions do not include all ingredients.

IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.

Full allergen information is available upon request. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. 0617/1.



Sandwiches 12 – 2.30pm

All our sandwiches are served with fries and dressed salad.

Hot roast pork and watercress with apple sauce - £7.50

Grilled halloumi with chilli jam, spinach and smashed avocado - v £7.95

Mature Cheddar cheese with a spicy tomato chutney - v £7.25

Smoked salmon with cream cheese and cucumber - £8.50

Sides

Beer battered onion rings – v	3.75	House salad – v	3.50
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Rustic garlic bread – v	4.00	Chips – v	3.50
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Rustic garlic bread with cheese – v	5.00		
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Puddings - All puddings 6.50

Choose 3 scoops from our selection of dairy ice-cream and sorbet – v –

*Ice cream – Clotted cream, Chocolate, Strawberry, Salted Caramel, Rum & Raisin, Mint Choco Chip
Sorbet - Raspberry, Lemon, Mango*

Homemade sticky toffee pudding with a rich toffee sauce and vanilla ice-cream – v

Clotted cream rice pudding with plum compote - v

Chocolate and coconut tart with vanilla ice-cream – vg

Selection of British cheeses with oatcakes, apple, grapes, celery & fig relish - £8.95

Book online at our website

www.Bargeinnseend.co.uk

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